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It has only been a few sessions, and my child is already starting to recognize when their anxious thoughts might be ‘false alarms.’

- Brightline parent

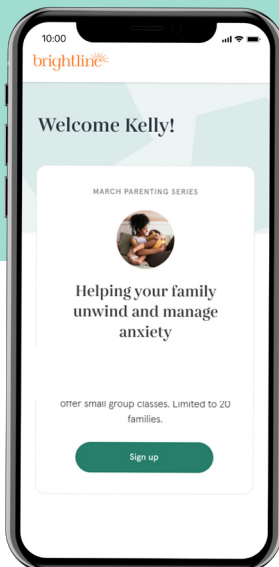


Virtual mental health care for **kids & teens**

What’s included in your Brightline membership:

Personalized care plans

- Your dedicated coach will walk you through your care options (therapy, coaching, psychiatry) and help manage your kid’s care over time.
- Care is coordinated with all the important people in your kid’s life (teachers, pediatricians, counselors) so everyone is on the same page.



Experts you can trust

- Our mental health experts have years of experience working with kids, teens and families.
- All therapists practice evidence-based Cognitive Behavioral Therapy (CBT), and all coaching programs are CBT-guided.



Irene Biscante Smith, NBC-HWC

Hi Anthony. How are you feeling today?



Anthony Jones, Brightline member

Hi Irene. I'm feeling a bit down today after my math test.



Support for parents

- Use our one-stop digital platform to chat with your coach, navigate your child’s care plan, track progress, and manage video visit appointments.
- Access our library of expert-backed resources.
- Resources and support for parents & caregivers.

GET STARTED AT
hellowebbrightline.com/medtronic

Questions? Call (888) 224-7332 to speak with a Brightline team member about our services.

Please note: Brightline’s services are covered benefits via your health plan or employer, for children covered as dependents on your benefits. We will confirm eligibility upon sign-up. Deductibles and co-pays apply. All clinical services are provided by licensed professionals practicing within independently owned and operated practices. Brightline, Inc. does not itself provide any physician, clinical, behavioral health professional, or other healthcare provider services.