

TAU TXAIS IB QHO KHOOM PLIG RAU KEV UA TIAV IB QHO



KEV MUS NTSIB KWS KHO MOB TXHAWM RAU SOJ QAB XYUAS NTXIV MUS TOM QAB KEV NYOB PW KHO MOB PUAS SIAB PUAS NTSWS NYOB RAU HAUVTSEV KHO MOB

Tam li yog ib tus tswv cuab ntawm Blue Cross and Blue Shield of Minnesota thiab Blue Plus (Blue Plus), koj yauv tau txais ib qho **khoom plig li \$25** thaum koj muaj ib qho kev mus ntsib kws kho mob rau kev soj qab xyuas ua ke nrog rau koj tus kws kho mob los sis tus kws mob rau fab kev nyuaj siab puas hlwb.

Txhawm rau kom tau txais koj qhov khoom plig:

- Sau rau tshooj lus hais txog Lus Qhia Paub Rau Tus Tswv Cuab kom tiav hlo. Yog hais tias koj siv ib qho kev mus ntsib kws kho mob los ntawm kev xov tooj hu sib tham (telehealth),* ces kos rau "yog" thiab sau hnub tim rau, lub npe chaw kuaj mob thiab tus naj npawb xov tooj rau. Yog hais tias koj tus kheej mus ntsib kiag, koj tus kws kho mob yuav tsum tau sau kom tiav tshooj lus tsos txho uas cia rau Tus Kws Tshaj Lij Fab Kev Kho Mob nkaus xwb.
- Xa koj daim ntaub ntawv them nqi uas ua tiav lawm mus. Txhawm rau pov thaiv kev ntiag tug, muab tas raws li phiaj yeeg rau pom, lo saum hau thiab ob sab ntawm koj daim ntawv them nqi uas **tsuas yog** lo rau ntawm qhov chaw nws hais tias "lo rau ntawm no" thiab lo daim ntawv cim lub chaw xa ntawv (postage) rau.

PUAS MUAJ LUS NUG DAB TSI?

Hu rau Blue Plus Lub Chaw Pab Cuam Tswv Cuab **1-800-711-9862**, TTY **711**, hnub Monday txog Friday, 8 teev sawv ntxov txog 5 teev tsaus ntuj. Sij Hawm Nruab Nrab Teb. Tus xov tooj no hu dawb xwb.

Mus saib tau rau ntawm **bluecrossmn.com/HealthyRewards** txhawm rau kawm paub ntawv ntxiv.

NTAUB NTAVV QHIA TXOG TUS TSWV CUAB		
Lub npe	Lub xeem	
Hnub yug	Tus ID Tswv Cuab (3 tus tsiaj ntawv thiab 9 tus lej los ntawm koj daim npav ID tswv cuab)	
Chaw nyob txoj kev		
Lub Nroog	Xeev	Tus Khauj Xa Ntawv (ZIP)
Qhov no puas yog ib qho kev mus ntsib los ntawm kev hu xov tooj sib tham (telehealth)? <input type="checkbox"/> yog <input type="checkbox"/> tsis yog	Hnub mus ntsib	
Lub npe chaw kuaj mob	Tus naj npawb xov tooj ntawm lub chaw kuaj mob	

*Yog hais tias koj tus kws kho mob tsis muaj cov kev mus ntsib kws kho mob los ntawm kev siv xov tooj hu sib tham (telehealth), ces koj yuav tsum tau ua kom tiav ib qho kev mus ntsib kws kho mob tim ntsej tim muag kiag txhawm rau thov daim npav khoom plig ntawd.

Healthcare provider: Complete section below

MEDICAL PROFESSIONAL ONLY	
Hospital discharge date	Date of follow-up visit
Provider signature	Date
Clinic name	
Clinic phone number	

Yuav tsum ntaus lub cim ntawm lub chaw xa ntawv rau ntawm daim ntawv pub siv key pab nyob rau hauv 90 hnub txij li hnub uas koj tau ua qhov kev teem caij sib ntsib thiab ua ntej **Lub Kaum Ob Hlis Ntuj 31, 2024.**

Cov ntawv pub siv kev pab uas ua tsis tiav yuav raug tsis lees txais.

Blue AdvantageSM and MinnesotaCare

Toll free 1-800-711-9862; TTY 711

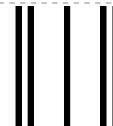
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Thov ua twb zoo nyem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda (afcelinta) qoraalkan, lambarka kore wac.

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MUAB QHOV NO TAIS TXHAWM RAU XA MUS; DAIM KEM NO TAIS RAU HAU



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MUAB TAIS RAU NTAWM NO TXHAWM RAU XA MUS



or

No English?

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