

2023

SUMMARY OF BENEFITS

Blue Cross Medicare Advantage Freedom BlueSM (PPO)

Metro Region

H5959

January 1, 2023 – December 31, 2023

Introduction

This guide is a summary of the medical benefits covered by Blue Cross Medicare Advantage plans. In this booklet, you will find an overview of our plan, an easy-to-read chart of plan coverage options, and contact information for Customer Service representatives who can assist you and answer questions.

What's included

Pre-enrollment checklist	2
Frequently asked questions	3
Benefit charts	5
Get help in your language: Multi-language interpreter services.....	19

CONTACT US

We are available for phone calls 8 a.m. to 8 p.m., Central Time. We are available seven days a week October 1 through March 31, and available Monday through Friday the rest of the year.



Members

Call toll-free **1-800-711-9865**

TTY users call **711**

Non-Members

Call **1-855-579-7658**



Visit **bluecrossmn.com**

Pre-enrollment checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a Customer Service representative toll free at **1-855-579-7658** (TTY **711**).

Understanding the Benefits

- The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit **bluecrossmn.com** or call toll free at **1-855-579-7658** (TTY **711**) to view a copy of the EOC.
- Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.

Understanding Important Rules

- In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums and/or copayments/coinsurance may change on January 1, 2024.
- Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you will pay a higher copay for services received by non-contracted providers.

Frequently asked questions

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the *Evidence of Coverage*.

WHO CAN ENROLL?

You can enroll in Medicare Advantage (PPO) if you are enrolled in Medicare Part A and Medicare Part B and live in the plan availability area which includes the following counties: Anoka, Carver, Chisago, Dakota, Hennepin, Isanti, Ramsey, Scott, Sherburne, Washington, and Wright.

WHAT IS MEDICARE ADVANTAGE?

Medicare Advantage plans are private Medicare health plans. They have a yearly limit on your out-of-pocket costs, and once you reach this limit, you'll pay nothing for covered services. Some Medicare Advantage plans are combined medical and prescription drug coverage.

What is the difference between a:

- Annual physical exam – A yearly preventive visit with your primary care doctor that includes a discussion about your health, a review of your medical history, screenings, immunizations and some lab work.
- Welcome to Medicare visit – A one-time preventive visit within the first 12 months of your new Medicare Part B plan. This visit includes a review of your medical history, screenings, vaccinations and a discussion of preventive services available to you that you may need.
- Medicare annual wellness visit – An annual visit with your doctor after you've been enrolled in Medicare Part B for at least 12 months. This visit includes a review of your medical history, screenings and personalized health advice, and a checklist of appropriate preventive services.

Medicare will pay for a Medicare annual wellness visit and a Welcome to Medicare visit. Your Blue Cross Medicare Advantage plan will pay for an annual physical exam.

To see a complete list of your services and benefits, please review your *Evidence of Coverage* (EOC). You can find this document at bluecrossmn.com/medicare-documents. You also may order a copy by calling Customer Service.

WHICH DOCTORS AND HOSPITALS CAN I USE?

The Medicare Advantage network offers a large list of providers covered under the Medicare Advantage plan. You may pay less when you use doctors, hospitals and other providers in these networks. You can see the plan's provider directory at bluecrossmn.com/medicare-documents. Select Medicare Advantage (PPO)-Metro Region. Or, call us and we will send you a copy of the directory.

ABOUT ORIGINAL MEDICARE AND HOW TO GET BENEFITS

You have choices about how to get your Medicare benefits through Original Medicare, a program run directly by the federal government.

You can also choose to get Medicare benefits by joining a plan like Blue Cross Medicare Advantage.

If you want to compare our plan with other Medicare health plans, ask the other plans for their *Summary of Benefits*. Or, use the Medicare Plan Finder on medicare.gov.

If you want to know more about the coverage and costs of Original Medicare, look in your 2023 *Medicare & You* handbook or view it online at medicare.gov. Or, request a copy by calling **1-800-MEDICARE (1-800-633-4227)** 24 hours a day, 7 days a week. TTY users should call **1-877-486-2048**.

Health care terms and what they mean

Allowed amount — The contracted rate, or “Blue Cross discount,” set by your plan and providers when you see in-network hospitals and clinics. Providers are required to accept the allowed amount as payment in full, and cannot charge above it when you see an in-network provider.

Copay — The set dollar amount you pay each time you receive a service or prescription.

Coinsurance — A set percentage you pay toward health care after your deductible has been met.

Deductible — Amount you will pay in one plan year before coverage begins.

In-network — The hospitals and clinics that are included in your plan. Typically, in-network providers result in lower member costs.

Out-of-pocket costs — The amount you must pay for health care. It includes copays, coinsurance and deductibles, plus any costs for care that is not covered.

Out-of-network — The hospitals and clinics that are not included in your plan. Typically, out-of-network providers result in higher member costs.

Out-of-pocket maximum — The most you could pay in one plan year for covered medical services and supplies.

Premium — Your monthly payment for a plan.

Prior authorization — Approval in advance to get services or certain drugs that may or may not be on our formulary.

Total charge — The amount the provider charges for services before a Blue Cross discount (allowed amount) is applied.

Medicare Advantage Benefits	Freedom Blue Plan
Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services	
Monthly Plan Premium	\$0 per month. In addition, you must keep paying your monthly Medicare Part B premium.
Part B premium reduction	Your plan will reduce your Monthly Part B premium by up to \$40.
Annual Medical Deductible	This plan does not have a deductible
<p>Maximum Out-of-Pocket Amount</p> <p>Your yearly out-of-pocket maximum in this plan apply to services you receive from</p> <p>In-network providers</p> <p>Combined in-network and out-of-network providers</p> <p>Once you reach the maximum out-of-pocket, our plan pays 100% of covered medical services. Your plan premium and all other non-Medicare covered services do not count toward the maximum out-of-pocket</p>	<p>\$4,900</p> <p>\$7,500</p>
Yearly Plan Limitations	Our plan has a yearly limit for certain in-network benefits. Contact us for the services that apply.

Medicare Advantage Benefits	Freedom Blue Plan
Covered Hospital and Medical Benefits – Hospital and Doctor’s Office Visits	
Inpatient hospital care* Out-of-Network Meals following in-patient stay After an approved inpatient hospital or skilled nursing facility stay, we cover up to 2 meals per day for 28 days delivered to your home. Out-of-Network	\$200 copay per stay 40% coinsurance \$0 Not Covered
Outpatient hospital care* Outpatient hospital surgery Out-of-Network Ambulatory surgical center services Out-of-Network Observation stay Out-of-Network Blood services Out-of-Network Outpatient hospital all other services Out-of-Network	 \$150 copay surgery 40% coinsurance \$100 copay 40% coinsurance \$125 copay per stay 40% coinsurance \$0 40% coinsurance \$10 copay 40% coinsurance
Doctor’s office visits* Primary care physician Out-of-Network Specialist Out-of-Network	 \$0 40% coinsurance \$30 copay 40% coinsurance

*Benefits under this category may require prior authorization by the health plan.

Medicare Advantage Benefits	Freedom Blue Plan
Covered Hospital and Medical Benefits – Outpatient Care and Services	
<p>Emergency care in the United States</p> <p>You do not pay this amount if you are admitted to the hospital on an inpatient basis within 24 hours for the same condition. See the “Inpatient Hospital Care” section of this booklet for other costs.</p> <p style="text-align: right;">In- and Out-of-Network</p>	<p style="text-align: right;">\$90 copay</p>
<p>Urgently needed services in the United States</p> <p style="text-align: right;">In- and Out-of-Network</p>	<p style="text-align: right;">\$35 copay</p>
<p>Worldwide emergency care</p> <p style="text-align: right;">In- and Out-of-Network</p> <p>Worldwide transportation</p> <p style="text-align: right;">In- and Out-of-Network</p> <p>Worldwide urgent care</p> <p style="text-align: right;">In- and Out-of-Network</p>	<p>\$90 copay for emergency care outside the United States and its territories</p> <p>20% coinsurance for emergency transportation outside of the United States and its territories</p> <p>\$90 copay for urgent care outside the United States and its territories</p>

Medicare Advantage Benefits	Freedom Blue Plan
Covered Hospital and Medical Benefits – Outpatient Care and Services	
<p>Outpatient diagnostic tests and therapeutic services and supplies*</p> <p>X-rays</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Radiation (radium and isotope) therapy including technician materials and supplies</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Surgical supplies, such as dressings Splints, casts and other devices used to reduce fractures and dislocations</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Laboratory tests</p> <p style="padding-left: 100px;">In- and Out-of-Network</p> <p>Blood</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Diagnostic advanced imaging</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Diagnostic tests & procedures (excludes x-ray and advanced imaging)</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Diagnostic mammograms or colonoscopy</p> <p style="padding-left: 100px;">Out-of-Network</p>	<p>\$0 for Medicare-covered x-rays.</p> <p>40% coinsurance</p> <p>15% coinsurance for Medicare-covered radiation therapy services. Examples include, but are not limited to, treatment of cancer.</p> <p>40% coinsurance</p> <p>20% coinsurance for Medicare-covered surgical supplies, splints and casts.</p> <p>40% coinsurance</p> <p>\$0 for Medicare-covered laboratory tests.</p> <p>\$0 for Medicare-covered blood.</p> <p>40% coinsurance</p> <p>\$70 copay for Medicare-covered diagnostic advanced imaging. Examples include, but are not limited to, specialized scans, CT, SPECT, PET, MRI, MRA, ultrasounds and angiograms.</p> <p>40% coinsurance</p> <p>\$20 copay for Medicare-covered diagnostic tests & procedures. Examples include, but are not limited to, EKG's, pulmonary function tests, psychological/neuropsychological testing, home or lab-based sleep studies.</p> <p>40% coinsurance</p> <p>\$0 for each Medicare-covered diagnostic mammogram or colonoscopy.</p> <p>40% coinsurance</p>

*Benefits under this category may require prior authorization by the health plan.

Medicare Advantage Benefits	Freedom Blue Plan
Covered Hospital and Medical Benefits – Hearing and Dental Services	
<p>Oral exam (Up to 2 per year)</p> <p style="padding-left: 40px;">In- and Out-of-Network</p> <p>Periodontal cleaning (Up to 2 per year)</p> <p style="padding-left: 40px;">In- and Out-of-Network</p> <p>Fluoride (Up to 2 per year)</p> <p style="padding-left: 40px;">In- and Out-of-Network</p> <p>Restorations (e.g., fillings)</p> <p style="padding-left: 40px;">In- and Out-of-Network</p> <p>Extractions (e.g., pulling teeth)</p> <p style="padding-left: 40px;">In- and Out-of-Network</p> <p>Endodontics (e.g., root canal)</p> <p style="padding-left: 40px;">In- and Out-of-Network</p> <p>Other periodontal services (Note: no additional periodontal cleaning coverage beyond the two (2) \$0 copay periodontal cleanings per year)</p> <p style="padding-left: 40px;">In- and Out-of-Network</p> <p>Prosthetics</p> <p style="padding-left: 40px;">In- and Out-of-Network</p> <p>Crowns</p> <p style="padding-left: 40px;">In- and Out-of-Network</p> <p>Oral surgery</p> <p style="padding-left: 40px;">In- and Out-of-Network</p>	<p>\$0</p> <p>\$0</p> <p>\$0</p> <p>30% coinsurance</p> <p>50% coinsurance</p> <p>50% coinsurance</p> <p>50% coinsurance</p> <p>50% coinsurance</p> <p>50% coinsurance</p> <p>50% coinsurance</p>
<p>**Maximum plan benefit amount is \$2,000 per year for in-network and out-of-network covered dental services, \$0 annual deductible.</p>	

Medicare Advantage Benefits	Freedom Blue Plan
Covered Hospital and Medical Benefits – Vision Services	
Vision services*	
Medicare-covered annual glaucoma screening	\$0
Out-of-Network	40% coinsurance
Medicare-covered diabetic retinopathy exam	\$0
Out-of-Network	40% coinsurance
Medicare-covered exams to diagnose and treat eye diseases and conditions	\$0
Out-of-Network	40% coinsurance
Medicare-covered eyewear after cataract surgery	\$0
Out-of-Network	40% coinsurance
Non-Medicare covered eye exam (2 per year)	\$0
Out-of-Network	40% coinsurance
Non-Medicare covered eyewear allowance	
In- and Out-of-Network	\$250 (frames, lenses or contacts)

*Benefits under this category may require prior authorization by the health plan.

Medicare Advantage Benefits	Freedom Blue Plan
Covered Hospital and Medical Benefits – Mental Health Services	
Mental health care* (including inpatient)	<p>Our plan covers up to 190 days in a lifetime for inpatient mental health care in a specialty psychiatric hospital.</p> <p>This limit does not apply to inpatient mental health services provided in a psychiatric unit of a general hospital.</p>
<p>Inpatient visit</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Outpatient group therapy visit</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Outpatient individual therapy visit</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Partial Hospitalization</p> <p style="padding-left: 100px;">Out-of-Network</p>	<p>\$200 copay per stay</p> <p>40% coinsurance</p> <p>\$30 copay</p> <p>40% coinsurance</p> <p>\$30 copay</p> <p>40% coinsurance</p> <p>\$55 copay per day</p> <p>40% coinsurance</p>
Mental health office visit*	
<p>Psychiatrist or psychologist</p> <p style="padding-left: 100px;">Out-of-Network</p>	<p>\$30 copay</p> <p>40% coinsurance</p>

*Benefits under this category may require prior authorization by the health plan.

Medicare Advantage Benefits	Freedom Blue Plan
Covered Hospital and Medical Benefits – Outpatient Care and Services	
<p>Skilled nursing facility (SNF)*</p> <p>Our plan pays up to 100 days in a SNF</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Meals following SNF stay After an approved inpatient hospital or skilled nursing facility stay, we cover up to 2 meals per day for 28 days delivered to your home.</p> <p style="padding-left: 100px;">Out-of-Network</p>	<p>\$0 per day for days 1 through 20</p> <p>\$196 copay per day for days 21 through 100</p> <p>40% coinsurance</p> <p>\$0</p> <p>Not Covered</p>
<p>Rehabilitation services*</p> <p>Cardiac and intensive cardiac rehab services</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Physical, occupational and speech therapy visits</p> <p style="padding-left: 100px;">Out-of-Network</p> <p>Pulmonary rehab services</p> <p style="padding-left: 100px;">Out-of-Network</p>	<p>\$30 copay</p> <p>40% coinsurance</p> <p>\$30 copay</p> <p>40% coinsurance</p> <p>\$20 copay</p> <p>40% coinsurance</p>
<p>Ambulance (ground and air)</p> <p style="padding-left: 100px;">In- and Out-of-Network</p>	<p>\$200 copay</p>
<p>Ambulance services without transportation and other non-Medicare covered transport services</p>	<p>Not Covered</p>

*Benefits under this category may require prior authorization by the health plan.

Medicare Advantage Benefits	Freedom Blue Plan
Additional benefits and services	
<p>Medicare-covered acupuncture for chronic lower back pain (max. 20 visits every 12 months combined In-and Out-of-Network)</p> <p style="text-align: right;">Out-of-Network</p> <p>Routine (non-Medicare covered) acupuncture for any pain diagnosis (max. 12 visits per year combined In-and Out-of-Network)</p> <p style="text-align: right;">Out-of-Network</p>	<p>\$20 copay</p> <p>40% coinsurance</p> <p>\$20 copay</p> <p>\$20 copay</p>
<p>Medicare-covered chiropractic care*</p> <p>Manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position)</p> <p style="text-align: right;">Out-of-Network</p> <p>Routine (non-Medicare covered) chiropractic care* (max. 12 visits per year combined In-and Out-of-Network)</p> <p>X-ray coverage not included</p> <p style="text-align: right;">Out-of-Network</p>	<p>\$20 copay</p> <p>40% coinsurance</p> <p>\$20 copay</p> <p>40% coinsurance</p>
<p>Diabetes supplies and services</p> <p>Diabetes monitoring supplies (coverage for test strips and monitors is limited to Ascensia brands)</p> <p style="text-align: right;">Out-of-Network</p> <p>Diabetes self-management training</p> <p style="text-align: right;">Out-of-Network</p> <p>Therapeutic shoes and inserts</p> <p style="text-align: right;">Out-of-Network</p>	<p>\$0</p> <p>40% coinsurance</p> <p>\$0</p> <p>40% coinsurance</p> <p>15% coinsurance</p> <p>40% coinsurance</p>
Ascensia Diabetes Care US, Inc. is an independent company providing diabetic supplies.	

*Benefits under this category may require prior authorization by the health plan.

Medicare Advantage Benefits	Freedom Blue Plan
Additional benefits and services	
Durable medical equipment* (wheelchairs, oxygen, etc.) Out-of-Network	20% coinsurance 40% coinsurance
Fitness program Gym membership at a participating SilverSneakers® facility, online fitness classes, or choose a home exercise kit Out-of-Network	\$0 Not Covered
SilverSneakers® is a registered trademark of Tivity Health, Inc., an independent company that provides health and fitness programs.	
Home health care* Out-of-Network	\$0 40% coinsurance
Outpatient substance abuse* Individual and group therapy visits Out-of-Network	\$30 copay 40% coinsurance

*Benefits under this category may require prior authorization by the health plan.

Medicare Advantage Benefits	Freedom Blue Plan
Additional benefits and services	
<p>Over-The-Counter (OTC)</p> <p>OTC medications and supplies are available to order online or by telephone through CVS OTCHS. Retail purchases are non-reimbursable.</p> <p style="text-align: right;">Out-of-Network</p>	<p>\$100 per quarter for the purchase of covered over-the-counter (OTC) items through CVS Over The Counter Health Solutions (OTCHS).</p> <p>Not Covered</p>
<p>CVS Pharmacy, Inc. d/b/a OTC Health Solutions is an independent company providing OTC supplemental benefit administrative services.</p>	
<p>Podiatry Services (Foot care)</p> <p>Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain medical conditions</p> <p style="text-align: right;">Out-of-Network</p>	<p>\$30 copay</p> <p>40% coinsurance</p>
<p>Prosthetic devices and medical supplies*</p> <p style="text-align: right;">Out-of-Network</p>	<p>20% coinsurance</p> <p>40% coinsurance</p>
<p>Renal dialysis</p> <p style="text-align: right;">Out-of-Network</p> <p>Kidney Disease Education</p> <p style="text-align: right;">Out-of-Network</p>	<p>20% coinsurance</p> <p>40% coinsurance</p> <p>\$0</p> <p>40% coinsurance</p>
<p>Tobacco cessation</p> <p>A wellness coach helps members develop and maintain a plan to quit</p> <p style="text-align: right;">Out-of-Network</p>	<p>\$0</p> <p>Not Covered</p>

*Benefits under this category may require prior authorization by the health plan.

CONTACT US

We are available for phone calls 8 a.m. to 8 p.m., Central Time. We are available seven days a week October 1 through March 31, and available Monday through Friday the rest of the year.



Members

Call toll-free **1-800-711-9865**

TTY users call **711**

Non-Members

Call **1-855-579-7658**



Visit **bluecrossmn.com**

This document may be available in a non-English language. For additional information call us at a number above. This document is available in other formats such as braille and large print.

Out-of-network/non-contracted providers are under no obligation to treat Blue Cross Medicare Advantage (PPO) plan members, except in emergency situations. Please call our Customer Service number or see your *Evidence of Coverage* for more information, including the cost-sharing that applies to out-of-network services. Blue Cross Medicare Advantage is a PPO plan with a Medicare contract. Enrollment in Blue Cross Medicare Advantage depends on contract renewal.

NOTICE OF NONDISCRIMINATION PRACTICES

Effective July 18, 2016

Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or gender. Blue Cross does not exclude people or treat them differently because of race, color, national origin, age, disability, or gender.

Blue Cross provides resources to access information in alternative formats and languages:

- Auxiliary aids and services, such as qualified interpreters and written information available in other formats, are available free of charge to people with disabilities to assist in communicating with us.
- Language services, such as qualified interpreters and information written in other languages, are available free of charge to people whose primary language is not English.

If you need these services, contact us at 1-800-382-2000 or by using the telephone number on the back of your member identification card. TTY users call 711.

If you believe that Blue Cross has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or gender, you can file a grievance with the Nondiscrimination Civil Rights Coordinator

- by email at: Civil.Rights.Coord@bluecrossmn.com
- by mail at: Nondiscrimination Civil Rights Coordinator
Blue Cross and Blue Shield of Minnesota and Blue Plus M495
PO Box 64560
Eagan, MN 55164-0560
- or by phone at: 1-800-509-5312

Grievance forms are available by contacting us at the contacts listed above, by calling 1-800-382-2000 or by using the telephone number on the back of your member identification card. TTY users call 711. If you need help filing a grievance, assistance is available by contacting us at the numbers listed above.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights

- electronically through the Office for Civil Rights Complaint Portal, available at: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>
- by phone at:
1-800-368-1019 or 1-800-537-7697 (TDD)
- or by mail at:
U.S. Department of Health and Human Services 200
Independence Avenue SW
Room 509F
HHH Building
Washington, DC 20201

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

This information is available in other languages. Free language assistance services are available by calling the toll free number below. For TTY, call 711.

Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al 1-855-903-2583. Para TTY, llame al 711.

Yog tias koj hais lus Hmoob, muaj kev pab txhais lus pub dawb rau koj. Hu rau 1-800-793-6931. Rau TTY, hu rau 711.

Haddii aad ku hadasho Soomaali, adigu waxaad heli kartaa caawimo luqad lacag la'aan ah. Wac 1-866-251-6736. Markay tahay dad maqalku ku adag yahay (TTY), wac 711.

နမူကတိကသိကျိန်ဒီး, တၢ်ကဟ့ၣ်နၢကျိၣ်တၢ်မၤစၢၤကလိတဖၣ်န့ၣ်လီၤ. ကိ: 1-866-251-6744 လၢ TTY
ဆဂီၢ်, ကိ: 711 တက့ၢ်.

إذا كنت تتحدث العربية، تتوفر لك خدمات المساعدة اللغوية المجانية. اتصل بالرقم 1-866-569-9123. للهاتف النصي
اتصل بالرقم 711.

Nếu quý vị nói Tiếng Việt, có sẵn các dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Gọi số 1-855-315-4015. Người dùng TTY xin gọi 711.

Afaan Oromoo dubbattu yoo ta'e, tajaajila gargaarsa afaan hiikuu kaffaltii malee. Argachuuf 1-855-315-4016 bilbilaa. TTY dhaaf, 711 bilbilaa.

如果您說中文，我們可以為您提供免費的語言協助服務。請撥打 1-855-315-4017。聽語障專 (TTY)，請撥打 711。

Если Вы говорите по-русски, Вы можете воспользоваться бесплатными услугами переводчика. Звоните 1-855-315-4028. Для использования телефонного аппарата с текстовым выходом звоните 711.

Si vous parlez français, des services d'assistance linguistique sont disponibles gratuitement. Appelez le +1-855-315-4029. Pour les personnes malentendantes, appelez le 711.

አማርኛ የሚናገሩ ከሆኑ፣ ነጻ የቋንቋ አገልግሎት እርዳ አለሎት። በ 1-855-315-4030 ይደውሉ ለ TTY በ 711።

한국어를 사용하시는 경우, 무료 언어 지원 서비스가 제공됩니다. 1-855-904-2583 으로 전화하십시오. TTY 사용자는 711 로 전화하십시오.

ຖ້າເຈົ້າວົ້າພາສາລາວໄດ້, ມີການບໍລິການຊ່ວຍເຫຼືອພາສາໃຫ້ເຈົ້າຟຣີ. ໃຫ້ໂທຫາ 1-866-356-2423 ສໍາລັບ. TTY, ໃຫ້ໂທຫາ 711.

Kung nagsasalita kayo ng Tagalog, mayroon kayong magagamit na libreng tulong na mga serbisyo sa wika. Tumawag sa 1-866-537-7720. Para sa TTY, tumawag sa 711.

Wenn Sie Deutsch sprechen, steht Ihnen fremdsprachliche Unterstützung zur Verfügung. Wählen Sie 1-866-289-7402. Für TTY wählen Sie 711.

ប្រសិនបើអ្នកនិយាយភាសាខ្មែរមិន អ្នកអាចរកបានសេវាជំនួយភាសាឥតគិតថ្លៃ។ ទូរស័ព្ទមកលេខ 1-855-906-2583។ សម្រាប់ TTY សូមទូរស័ព្ទមកលេខ 711។

Diné k'ehjí yáníłt'i'go saad bee yát'i' éí t'áájíík'e bee níká'a'doowołgo éí ná'ahoot'i'. Kojí éí béesh bee hodíílnih 1-855-902-2583. TTY biniiyégo éí 711 jį' béesh bee hodíílnih.



Blue Cross[®] and Blue Shield[®] of Minnesota and Blue Plus[®] are nonprofit independent licensees of the Blue Cross and Blue Shield Association.

F11143R03 (02/23)