

PROVIDER BULLETIN

PROVIDER INFORMATION



December 1, 2022

Reimbursement Rate Changes for Psychotherapy Codes 90837 and 90838

Effective January 1, 2023, Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) will be updating the reimbursement for certain mental health services in accordance with Minnesota Statutes 256B.763. Psychotherapy codes 90837 and 90838 will be reimbursed at rates that are at least the same as the fee for service rates published by the Minnesota Department of Human Services.

Products Impacted

This information applies to the following products:

- Families and Children (formerly Prepaid Medical Assistance Program)
- Minnesota Senior Care Plus
- MinnesotaCare
- Minnesota Senior Health Options

Questions?

Please contact provider services at **1-866-518-8448**.