

# TAU TXAIS IB QHO KHOOM PLIG RAU KEV UA TIAV IB QHO KEV MUS NTSIB KWS KHO MOB RAU KEV XEEB TUB



Tam li yog ib tus tswv cuab ntawm Blue Cross and Blue Shield of Minnesota thiab Blue Plus (Blue Plus), koj muaj peev xwm tau txais ib qho **khoom plig li \$75** rau kev ua tiav koj qhov kev mus ntsib kws kho mob rau thaum cev xeeb tub (kuaj xyuas mob nyob rau lub sij hawm koj cev xeeb tub) nyob rau lub sij hawm peb lub hlis xub thawj ntawm kev cev xeeb tub.

Txhawm rau kom tau txais koj qhov khoom plig:

- Sau rau tshooj lus hais txog Lus Qhia Paub Rau Tus Tswv Cuab kom tiav hlo. Yog hais tias koj siv ib qho kev mus ntsib kws kho mob los ntawm kev xov tooj hu sib tham (telehealth),\* ces kos rau "yog" thiab sau hnuv tim rau, lub npe chaw kuaj mob thiab tus naj npawb xov tooj rau. Yog hais tias koj tus kheej mus ntsib kiag, koj tus kws kho mob yuav tsum tau sau kom tiav tshooj lus tsos txho uas cia rau Tus Kws Tshaj Lij Fab Kev Kho Mob nkaus xwb.
- Xa koj daim ntaub ntawv them nqi uas ua tiav lawm mus. Txhawm rau pov thaiv kev ntiag tug, muab tas raws li phiaj yeeg rau pom, lo saum hau thiab ob sab ntawm koj daim ntawv them nqi uas **tsuas yog** lo rau ntawm qhov chaw nws hais tias "lo rau ntawm no" thiab lo daim ntawv cim lub chaw xa ntawv (postage) rau.

## PUAS MUAJ LUS NUG?

Hu rau Blue Plus Lub Chaw Pab Cuam Tswv Cuab **1-800-711-9862**, TTY **711**, hnuv Monday txog Friday, 8 teev sawv ntxov txog 5 teev tsaus ntuj. Sij Hawm Nruab Nrab Teb. Tus xov tooj no hu dawb xwb.

Mus saib tau rau ntawm **bluecrossmn.com/HealthyRewards** txhawm rau kawm paub ntau ntxiv.

NTAUB NTAUV QHIA TXOG TUS TSWV CUAB			
Lub npe		Lub xeem	
Hnuv yug		Tus ID Tswv Cuab (3 tus tsiaj ntawv thiab 9 tus lej los ntawm koj daim npav ID tswv cuab)	
Chaw nyob txoj kev			
Lub Nroog		Xeev	Tus Khauj Xa Ntawv (ZIP)
Qhov no puas yog ib qho kev mus ntsib los ntawm kev hu xov tooj sib tham (telehealth)? <input type="checkbox"/> yog <input type="checkbox"/> tsis yog			Hnuv mus ntsib
Lub npe chaw kuaj mob			Tus naj npawb xov tooj ntawm lub chaw kuaj mob

\*Yog hais tias koj tus kws kho mob tsis muaj cov kev mus ntsib kws kho mob los ntawm kev siv xov tooj hu sib tham (telehealth), ces koj yuav tsum tau ua kom tiav ib qho kev mus ntsib kws kho mob tim ntsej tim muag kiag txhawm rau thov daim npav khoom plig ntawd.

**Healthcare provider:** Complete section below

MEDICAL PROFESSIONAL ONLY	
Date of prenatal visit	Est. birth due date
Provider signature	Date
Clinic name	
Clinic phone number	

Yuav tsum ntaus lub cim ntawm lub chaw xa ntawv rau ntawm daim ntawv pub siv kev pab nyob rau hauv 90 hnuv txij li hnuv uas koj tau ua qhov kev teem caij sib ntsib thiab ua ntej **Lub Kaum Ob Hlis Ntuj 31, 2024.**

**Cov ntawv pub siv kev pab uas ua tsis tiav yuav raug tsis lees txais.**

Blue Advantage<sup>SM</sup> and MinnesotaCare

Toll free 1-800-711-9862; TTY 711

Attention. If you need free help interpreting this document, call the above number.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntauv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda (afcelinta) qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

MUAB QHOV NO TAIS TXHAWM RAU XA MUS; DAIM KEM NO TAIS RAU HAUV

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