

# GET A REWARD FOR COMPLETING A FOLLOW-UP VISIT AFTER MENTAL HEALTH HOSPITAL STAY



As a Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Plus) member, you earn a **\$25 reward** when you have a follow-up visit with your doctor or therapist within seven days of being discharged from the hospital after a mental health stay.

To get your reward:

- Fill out the Member Information section completely. If you have a telehealth visit,\* check “yes” and fill in the date, clinic name and phone number. If your visit is in person, your doctor will need to complete the gray Medical Professional Only section.
- Mail the completed voucher. To protect privacy, fold as shown, tape the top and sides of your voucher **only** where it says “tape here” and apply postage.

## QUESTIONS?

Call Blue Plus Member Services  
**1-800-711-9862**, TTY **711**, Monday through Friday, 8 a.m. to 5 p.m. Central Time. The call is free.

Visit [bluecrossmn.com/HealthyRewards](https://bluecrossmn.com/HealthyRewards) to learn more.

MEMBER INFORMATION			
First name		Last name	
Date of birth		Member ID (3 letters and 9 digits from your member ID card)	
Street address			
City		State	ZIP
Was this a telehealth visit? <input type="checkbox"/> yes <input type="checkbox"/> no		Date of visit	
Clinic name		Clinic phone number	

\*If your doctor does not offer telehealth visits, you will need to complete an in-person visit to claim the reward card.

**Healthcare provider:** Complete section below

MEDICAL PROFESSIONAL ONLY	
Hospital discharge date	Date of follow-up visit
Provider signature	Date
Clinic name	
Clinic phone number	

Voucher must be postmarked within 90 days of your appointment and before **December 31, 2024**.

**Incomplete vouchers will be denied.**

Blue Advantage<sup>SM</sup> and MinnesotaCare  
Toll free 1-800-711-9862; TTY 711

Attention. If you need free help interpreting this document, call the above number.  
Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub  
ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda  
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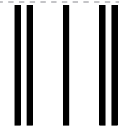
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Postage  
Required  
Post Office will  
not deliver  
without proper  
postage.

ATTN INCENTIVE PROGRAM COORDINATOR  
R100 GOVERNMENT MARKETS  
BLUE CROSS AND BLUE SHIELD OF MINNESOTA  
AND BLUE PLUS  
PO BOX 64560  
SAINT PAUL MN 55164-0560



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or



Civil.Rights.Coord@bluecrossmn.com 1-800-711-9862, TTY 711

**Discrimination is against the law.** Blue Plus does not discriminate because of race, color, national origin, creed, religion, sexual orientation, public assistance status, marital status, age, disability or sex.

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