

REIMBURSEMENT POLICY

Telehealth and Virtual Care Services

Active

Policy Number: General Coding - 007

Policy Title: Telehealth and Virtual Care Services

Section: General Coding

Effective Date: 01/27/15

Product: ⊠Commercial □FEP ⊠Medicare Advantage ⊠Platinum Blue

Description

This policy addresses the services that may be submitted via interactive audio and video communications and submission requirements.

Temporary Policy Changes Related to COVID 19

For the duration of the National Public Health Emergency related to COVID-19, Blue Cross is waiving some requirements in this reimbursement policy allowing for the following:

- Telehealth may be provided to both new and established patients
- Telehealth may be provided over the phone, without the requirement of the visual component
- Telehealth may be provided over a non-HIPAA compliant audio-visual application, such as Skype or FaceTime.

When billing professional claims for non-traditional telehealth services for the duration of the Public Health Emergency (PHE), providers may bill with the Place of Service (POS) equal to what it would have been in the absence of a PHE, along with a modifier 95, indicating that the service rendered was performed via telehealth. As a reminder, CMS is not requiring the "CR" modifier on telehealth services.

Due to COVID 19 Pandemic these codes are temporarily added to the policy with a start date of 2/4/2020 thru 90 days after the end of the national public health emergency:

H0035 MENTAL HEALTH PARTIAL HOSPITALIZATION, LESS THAN 24 HOURS

H2012 BEHAVIORAL HEALTH DAY TREATMENT, PER HOUR

S0201 PARTIAL HOSPITALIZATION SERVICES, LESS THAN 24 HOURS, PER DIEM

Definitions

Distant site: A site at which a health care provider is located while providing health care services or consultations by means of telehealth.

E-Visit: A patient-initiated, limited online evaluation and management healthcare service provided by a physician or other qualified healthcare professional, using the Internet or similar secure communications network to communicate with an established patient. This visit is used to address non-urgent medical symptoms including medication and prescription refills or renewals and review



Minnesota

of lab and test results. E-visits are normally 'real- time' or a patient-initiated email. The provider responds to the patient's issue within a prescribed time limit (usually within 24 hours).

Originating site: A site at which a patient is located at the time health care services are provided to the patient by means of telehealth. For purposes of store-and-forward technology, the originating site also means the location at which a health care provider transfers or transmits information to the distant site.

Store-and-forward technology: The asynchronous electronic transfer or transmission of a patient's medical information or data from an originating site to a distant site for the purposes of diagnostic and therapeutic assistance in the care of a patient.

Telehealth/Telemedicine Services: The delivery of health care services or consultations while the patient is at an originating site and the licensed health care provider is at a distant site. A communication between licensed health care providers that consists solely of a telephone conversation, email, or facsimile transmission does not constitute telemedicine consultations or services. A communication between a licensed health care provider and a patient that consists solely of an email or facsimile transmission does not constitute telemedicine consultations or services. Telemedicine may be provided by means of real-time two-way interactive audio, and visual communications, including the application of secure video conferencing or store-and-forward technology to provide or support health care delivery, that facilitate the assessment, diagnosis, consultation, treatment, education, and care management of a patient's health care. A physician providing health care services by telemedicine shall be held to the same standards of practice and conduct as in-person health care services.

Telemonitoring Services: The remote monitoring of clinical data related to the enrollee's vital signs or biometric data by a monitoring device or equipment that transmits the data electronically to a health care provider for analysis. Telemonitoring is intended to collect an enrollee's health-related data for the purpose of assisting a health care provider in assessing and monitoring the enrollee's medical condition or status.

Televideo consultations: Interactive audio and video communications, permitting real-time communication between a distant site physician or practitioner and the member, who is present and participating in the televideo visit at an originating site (remote facility or at home). Members must be an established patient. Televideo consultations may also be referred to as telemedicine or telehealth services. Televideo consultations are not considered an e-visit.

Telephone Calls: Patient, or provider, initiated telephone encounters between a provider and an established patient conducted over the phone.

Policy Statement

Telehealth

Blue Cross is waiving the policy requirement of a visual component for commercial members in alignment with state law through 7/1/2023, allowing telehealth services to be provided over the telephone. The waiving of the visual component for Medicare members will be aligned with CMS guidelines.

Medicare Advantage/Platinum Blue: Only codes identified by CMS as telehealth eligible may be billed. Refer to <u>Appendix</u>.



Originating Site Coding

The originating site provider may bill for the originating site facility fee only. This service is billable on either the professional or institutional claim format.

- Q3014: Telehealth originating site facility fee
- Rev Code 0780: Telemedicine, General Classification

Consulting Physician/Practitioner Coding

The consulting physician/practitioner may bill the appropriate CPT code (e.g., evaluation and management, psychotherapy, nutrition therapy, etc.) or follow-up telehealth consult code.

- POS Code 02: Describes services furnished via telehealth.
- **GT modifier:** Via interactive audio and video telecommunication systems. Effective 01/01/18, the GT modifier is no longer required for Medicare, but the use of the telehealth "Place of Service Code 02," will meet the telehealth requirements.
- G0 modifier: Telehealth services for diagnosis, evaluation, or treatment of symptoms of an acute stroke. According to Medicare, the Modifier G0 is valid for all: Telehealth distant sites codes billed with POS code 02, or Critical Access Hospitals, CAH method II, (revenue codes 096X, 097X, or 098X) or telehealth originating site facility fee, billed with HCPCS code Q3014.
- **95 modifier:** Synchronous Telemedicine Services rendered via a real-time interactive audio and video telecommunication system. Services are between the physician/or other qualified healthcare professionals and a patient who is located at a distant site. The CPT Code submitted must meet same criteria and key components as if it was a face-to-face interaction. Only append modifier 95 to codes listed in CPT Appendix P.

NOTE: Modifier 95 is not valid for Medicare. *Medicare is accepting this Modifier during the COVID emergency only.*

Telemonitoring

Telemonitoring services (S9110) are not allowed in a setting that has health care staff on site.

Telephone Calls

Blue Cross will reimburse patient initiated telephone encounters between a provider and an established patient conducted over the phone. Blue Cross does not reimburse charges for provider-initiated calls to patients.

Telephone calls are considered an integral part of other services the patient receives (usually an evaluation and management service) and, as such, not separately reimbursable. For example, lab follow up, nurse triage, etc. type of calls are not covered.

E-Visits

Services obtained from the rendering provider by means of online email communication via the Internet may be eligible for coverage for non-urgent care when **ALL** of the following criteria are met:

- In the judgment of the provider, the E-visit is medically necessary and involved sufficient resource use, time and complexity to warrant separate recognition as a unique event
- Written documentation related to the service must be included in the patient's medical record and should include the following:



Minnesota

- Documentation must support, at minimum, a 99212 level E/M
- Medical information exchange, assessment, and plan of treatment/care (for example, symptoms, counseling)
- Services must be billed under the rendering practitioner's provider number or NPI

Qualifying criteria for reimbursement of online services are as follows:

Provider responds within one business day AND one or more of the following:

- Patient describes new symptoms and is requesting intervention and/or advice from provider to treat new symptoms
- Patient describes ongoing symptoms from a recent acute problem or chronic health problem and is requesting intervention and/or advice from provider to treat ongoing acute problem or chronic health problem
- Evidence that provider is giving detailed medical advice, revising treatment plan, prescribing/revising medication, recommending additional testing, and/or providing selfcare/ patient education information for new and/or chronic health problem
- Evidence that provider is making a new diagnosis and is prescribing new treatment
- Patient requesting interpretation of lab and/or test results with evidence that provider is providing meaningful explanation and recommendations to modify treatment plan, revising medications, etc.
- Evidence that provider is providing extended personal patient counseling that is changing the course of treatment and impacting the potential health outcome.

E-visits are not covered when provided for the following:

- Provider-initiated e-mail
- Appointment scheduling
- Refilling or renewing existing prescriptions without substantial change in clinical situation
- Scheduling diagnostic tests
- Reporting normal test results
- Updating patient information
- Providing educational materials
- Brief follow-up of a medical procedure/service to confirm stability of the patient's condition without indication of complication or new condition including, but not limited to, routine global surgical follow- up.
- Brief discussion to confirm stability of the patient's chronic condition without change in current treatment.
- When information is exchanged, and the patient is subsequently asked to come in for an
 office visit
- A service that would similarly not be charged for in a regular office visit
- Reminders of scheduled office visits
- Requests for a referral
- Consultative message exchanges with an individual who is seen in the provider's office immediately afterward
- Clarification of simple instructions



Documentation Submission

Documentation must identify and describe the procedures performed. If a denial is appealed, this documentation must be submitted with the appeal.

Coverage

Eligible services will be subject to the subscriber benefits, Blue Cross or Medicare fee schedule amount and any coding edits.

The following applies to all claim submissions.

All coding and reimbursement is subject to all terms of the Provider Service Agreement and subject to changes, updates, or other requirements of coding rules and guidelines. All codes are subject to federal HIPAA rules, and in the case of medical code sets (HCPCS, CPT, ICD), only codes valid for the date of service may be submitted or accepted. Reimbursement for all Health Services is subject to current Blue Cross Medical Policy criteria, policies found in the Provider Policy and Procedure Manual sections, Reimbursement Policies and all other provisions of the Provider Service Agreement (Agreement).

In the event that any new codes are developed during the course of Provider's Agreement, such new codes will be paid according to the standard or applicable Blue Cross fee schedule until such time as a new agreement is reached and supersedes the Provider's current Agreement.

All payment for codes based on Relative Value Units (RVU) will include a site of service differential and will be calculated using the appropriate facility or non-facility components, based on the site of service identified, as submitted by Provider.

Coding

The following codes are included below for informational purposes only and are subject to change without notice. Inclusion or exclusion of a code does not constitute or imply subscriber coverage or provider reimbursement.

CPT/HCPCS Modifier: GQ GT G0 95

ICD-10 Diagnosis: N/A ICD-10 Procedure: N/A

CPT/HCPCS: See Appendix

Revenue Codes: N/A

Cross Reference

Cross Reference: N/A



Policy History	
01/27/2015	Initial Committee Approval Date
01/01/2017	Code Update
03/22/2017	Annual Policy Review
08/30/2017	Policy Review
03/27/2018	Annual Policy Review
07/03/2018	Code Update
09/11/2018	Code Update
01/07/2019	Annual Policy Review and Code Update
10/19/2019	Policy Update
02/04/2020	Annual Policy Review and Code Update
01/26/2021	Code Update
11/29/2021	Annual Policy Review – Incorporated GC-008 E-Visits and GC-067
	Telephone Calls, corresponding code updates

2021 Current Procedural Terminology (CPT®) is copyright 2021 American Medical Association. All Rights Reserved. No fee schedules, basic units, relative values, or related listings are included in CPT. The AMA assumes no liability for the data contained herein. Applicable FARS/DFARS restrictions apply to government use.

Copyright 2021 Blue Cross Blue Shield of Minnesota



Appendix

Telemonitoring S9110

Telephone Calls									
98966	98967	98968	99441	99442	99443	G2010	G2012	2 G225	0 G2252
S0320									
F Visite									
E-Visits 98970	98971	98972	99421	99422	99423	G0071	G2251	1	
30310	30371	30312	33 4 21	33422	33423	00071	0220	l	
Telehealth – Commercial									
77427	80502	90785	90791	90792	90832	90833	90834	90836	90837
90838	90839	90840	90845	90846	90847	90849	90853	90863	90885
90887	90951	90952	90953	90954	90955	90956	90957	90958	90959
90960	90961	90962	90963	90964	90965	90966	90967	90968	90969
90970	92227	92228	92229	92507	92521	92522	92523	92524	92526
92606	92607	92608	92609	93228	93229	93268	93270	93271	93272
94005	96040	96116	96121	96127	96130	96131	96132	96133	96136
96137	96138	96139	96156	96158	96159	96160	96161	96164	96165
96167	96168	96170	96171	97110	97112	97116	97129	97130	97139
97151	97152	97153	97154	97155	97156	97157	97158	97161	97162
97163	97164	97165	97166	97167	97168	97530	97533	97535	97537
97542	97750	97760	97761	97763	97802	97803	97804	98960	98961
98962	99024	99202	99203	99204	99205	99211	99212	99213	99214
99215	99221	99222	99223	99231	99232	99233	99241	99242	99243
99244	99245	99251	99252	99253	99254	99255	99291	99292	99304
99305	99306	99307	99308	99309	99310	99315	99316	99327	99328
99334	99335	99336	99337	99339	99340	99341	99342	99343	99344
99345	99347	99348	99349	99350	99354	99355	99356	99357	99377
99378	99379	99380	99381	99382	99383	99384	99385	99386	99387
99391	99392	99393	99394	99395	99396	99397	99401	99402	99403
99404	99406	99407	99408	99409	99417	99439	99451	99452	99453
99454	99457	99458	99461	99473	99474	99483	99484	99489	99490
99491	99492	99493	99494	99495	99496	99497	99498	99601	99602
99605	99606	99607	G0108	G0109	G0270	G0296	G0337	G0396	G0397
G0406	G0407	G0408	G0409	G0420	G0421	G0425	G0426	G0427	G0438
G0439	G0442	G0443	G0444	G0445	G0446	G0447	G0459	G0506	G0508
G0509	G0513	G0514	G2010	G2011	G2012	G2064	G2065	G2086	G2087
G2088	G2211	G2212	G2213	G2214	H0001	H0015	H0031	H2017	H2019
H2020	H2035	H2036	Q3014	S0265	S0270	S0271	S0272	S0311	S9140
S9141	S9152	S9441	S9443	S9445	S9446	S9453	S9480	S9482	S9484
T1030	V5362	V5363							



Telehealth - Medicare

90785	90791	90792	90832	90833	90834	90836	90837	90838	90839
90840	90845	90846	90847	90853	90951	90952	90954	90955	90957
90958	90960	90961	90963	90964	90965	90966	90967	90968	90969
90970	96116	96121	96156	96159	96160	96161	96164	96165	96167
96168	97802	97803	97804	99202	99203	99204	99205	99211	99212
99213	99214	99215	99231	99232	99233	99307	99308	99309	99310
99334	99335	99347	99348	99354	99355	99356	99357	99406	99407
99483	99495	99496	99497	99498	G0108	G0109	G0270	G0296	G0396
G0397	G0406	G0407	G0408	G0420	G0421	G0425	G0426	G0427	G0438
G0439	G0442	G0443	G0444	G0445	G0446	G0447	G0459	G0506	G0508
G0509	G0513	G0514	G2086	G2087	G2088	G2211	G2212		

Telehealth – Medicare Codes in **red** allowed for Medicare lines of business per CMS for duration of Public Health Emergency

77427	90875	90953	90956	90959	90962	92002	92004	92012	92014
92507	92508	92521	92522	92523	92524	92526	92550	92552	92553
92555	92556	92557	92563	92565	92567	92568	92570	92587	92588
92601	92602	92603	92604	92607	92608	92609	92610	92625	92626
92627	93750	93797	93798	94002	94003	94004	94005	94664	95970
95971	95972	95983	95984	96105	96110	96112	96113	96125	96127
96130	96131	96132	96133	96136	96137	96138	96139	96158	96170
96171	97110	97112	97116	97129	97130	97150	97151	97152	97153
97154	97155	97156	97157	97158	97161	97162	97163	97164	97165
97166	97167	97168	97530	97535	97542	97750	97755	97760	97761
99217	99218	99219	99220	99221	99222	99223	99224	99225	99226
99234	99235	99236	99238	99239	99281	99282	99283	99284	99285
99291	99292	99304	99305	99306	99315	99316	99324	99325	99326
99327	99328	99336	99337	99341	99342	99343	99344	99345	99349
99350	99441	99442	99443	99468	99469	99471	99472	99473	99475
99476	99477	99478	99479	99480	0362T	0373T	G0410	G0422	G0423
G0424	G0466	G0467	G0468	G0469	G0470	G2010	G2012	G9685	S9152