

# Frequently Asked Questions (FAQs)

## Where can I find my member ID number?

It can be found on the front of your health plan ID card. Your OTC member ID number is the same as your Blue Cross member ID number.

## What is the Over-the-Counter (OTC) benefit?

The OTC benefit offers you an easy way to get generic over-the-counter health and wellness products through select CVS retail locations, by phone at 1-888-628-2770 (TTY: 711) or online at [cvs.com/otchs/bcbsmn](https://www.cvs.com/otchs/bcbsmn). You order from a list of approved OTC items, and OTC Health Solutions will mail them directly to your home address.

## Where can I find a participating retail location?

To find a participating store use the **Store Locator** at [cvs.com/otchs/bcbsmn/storelocator](https://www.cvs.com/otchs/bcbsmn/storelocator).

## How much is my OTC benefit?

The amount depends on your benefit plan. Check your plan documents or call OTC Health Solutions at 1-888-628-2770 (TTY: 711).

## How often can I use my OTC benefit?

Your OTC benefit can be utilized multiple times throughout the quarter, not to exceed your quarterly allowance. Quarterly benefit periods are distributed as follows:

- Quarter 1 (January, February and March)
- Quarter 2 (April, May and June)
- Quarter 3 (July, August and September)
- Quarter 4 (October, November and December)

## Can I carry over unused benefit amount to the next benefit period?

Unused benefit amounts do not roll over to the next quarter.

## Can I order more than my benefit amount?

You cannot exceed your benefit amount online or by phone. However, you may exceed your benefit amount at a select CVS retail location and pay the difference out of pocket.

## Are all items available at the stores?

Not all items are available in stores. Items marked with a “☉” in the catalog can only be ordered over the phone or online.

## Is there a limit on the number of items I can order?

There is no limit on the number of items you may order. There is, however, a quantity limit of 9 per any single item, per quarter. There are some select products that have special limits and these are marked with a “★” or “■” in the catalog.

## How long will it take to receive my order?

You will receive your order within 14 days after it was placed.

## Is there a return policy?

Due to the personal nature of the products, no returns or exchanges are allowed. If you haven't received your order or if you received a defective or damaged item, please call OTC Health Solutions at 1-888-628-2770 (TTY: 711) within 30 days of placing your order to receive a replacement item.

## Who can I call if I have questions?

You may call us at 1-888-628-2770 (TTY: 711) from 9 AM to 8 PM CT Monday through Friday.