



# INTERNATIONAL HEALTH PLANS

For individuals

Whether you're staying a week or a year, get peace of mind with GeoBlue®.

GeoBlue offers medical insurance to protect you from the unexpected while traveling internationally. The most comprehensive plans include coverage for hospital stays, surgeries and medically-necessary evacuations. Some plans include basic services like doctor's visits, ambulance services, prescription medications and more.



## GEOBLUE PROVIDERS:

- Practice Western-style medicine
- Speak fluent English
- Accreditations and board certifications from American Board of Medical Specialties and Royal Colleges of Medicine or Surgery
- Are thoroughly reviewed and approved



## MOBILE AND ONLINE SERVICES ALLOW YOU TO:

- Find local providers and hospitals easily
- Display ID card and email/fax to providers as necessary
- Receive daily alerts about the latest security and health issues in specific countries



## AROUND THE CLOCK SUPPORT

- Customer service available 24 hours a day, seven days a week via phone, web or mobile app
- Telemedicine visits available 24 hours a day, seven days a week via mobile app
- Medical assistance for a variety of concerns, including chronic care support, second opinions and maternity care



## DIRECT PAY\*

- GeoBlue pays provider directly
- No out-of-pocket payment required at point of care
- No need to submit a claim

\*Sign-up available via app, email or phone. For optimal service, request Direct Pay at least 48 hours prior to a scheduled appointment.

[bluecrossmn.com/geoblue](https://bluecrossmn.com/geoblue)

Provided by:



GeoBlue offers customizable plans for:

- Leisure and business travelers
- Expatriates
- Destination weddings and honeymoons
- Students
- Missionaries
- Mariners

## SHORT-TERM PLANS

### GeoBlue Voyager

Ideal **for leisure travel, missionary work or teach/study abroad programs**. It includes health insurance and assistance that covers:

- Up to \$1 million medical/\$500,000 evacuation
- Medically necessary COVID-19 testing and treatment
- Up to 182 days of coverage (one policy extension is available)
- Preexisting conditions coverage
- Lost luggage and post departure trip interruption coverage
- Group plans for 5+ available with 10% discount
- Travelers up to age 95

### GeoBlue Trekker

Ideal plan **for frequent individual and family travelers**. You'll get health insurance and assistance for international travel that offers:

- Up to \$1 million medical/\$500,000 evacuation
- Coverage for medically necessary COVID-19 testing and treatment
- Unlimited trips in a 364-day period (70-day maximum per trip)
- Preexisting conditions with creditable coverage
- Coverage for travelers up to age 95

## LONG-TERM PLANS

### GeoBlue Xplorer

Offers flexibility **for those living abroad**. Expatriate health insurance offers:

- Unlimited annual and lifetime maximum
- Medically necessary COVID-19 testing and treatment
- The choice to include or exclude coverage in the United States
- Preexisting conditions with creditable coverage
- Preventive care, medical evacuation and more
- Coverage for travelers up to age 74
- Flexible coverage options to meet your needs

### GeoBlue Navigator

Worldwide medical coverage **for crew members, missionaries and non-governmental workers** that provides:

- Unlimited annual and lifetime maximum
- Medically necessary COVID-19 testing and treatment
- Comprehensive, primary worldwide benefits
- Preexisting conditions with creditable coverage
- Preventive care, medical evacuation and more
- Coverage for travelers up to age 74

**Travel with confidence — we have you covered.**



Visit [bluecrossmn.com/geoblue](https://bluecrossmn.com/geoblue) to see plans.

**NOTICE OF NONDISCRIMINATION PRACTICES**  
**Effective July 18, 2016**

Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or gender. Blue Cross does not exclude people or treat them differently because of race, color, national origin, age, disability, or gender.

Blue Cross provides resources to access information in alternative formats and languages:

- Auxiliary aids and services, such as qualified interpreters and written information available in other formats, are available free of charge to people with disabilities to assist in communicating with us.
- Language services, such as qualified interpreters and information written in other languages, are available free of charge to people whose primary language is not English.

If you need these services, contact us at 1-800-382-2000 or by using the telephone number on the back of your member identification card. TTY users call 711.

If you believe that Blue Cross has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or gender, you can file a grievance with the Nondiscrimination Civil Rights Coordinator

- by email at: [Civil.Rights.Coord@bluecrossmn.com](mailto:Civil.Rights.Coord@bluecrossmn.com)
- by mail at: Nondiscrimination Civil Rights Coordinator  
Blue Cross and Blue Shield of Minnesota and Blue Plus  
M495  
PO Box 64560  
Eagan, MN 55164-0560
- or by phone at: 1-800-509-5312

Grievance forms are available by contacting us at the contacts listed above, by calling 1-800-382-2000 or by using the telephone number on the back of your member identification card. TTY users call 711. If you need help filing a grievance, assistance is available by contacting us at the numbers listed above.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights

- electronically through the Office for Civil Rights Complaint Portal, available at: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>
- by phone at:  
1-800-368-1019 or 1-800-537-7697 (TDD)
- or by mail at:  
U.S. Department of Health and Human Services  
200 Independence Avenue SW  
Room 509F  
HHH Building  
Washington, DC 20201

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

This information is available in other languages. Free language assistance services are available by calling the toll free number below. For TTY, call 711.

Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al 1-855-903-2583. Para TTY, llame al 711.

Yog tias koj hais lus Hmoob, muaj kev pab txhais lus pub dawb rau koj. Hu rau 1-800-793-6931. Rau TTY, hu rau 711.

Haddii aad ku hadasho Soomaali, adigu waxaad heli kartaa caawimo luqad lacag la'aan ah. Wac 1-866-251-6736. Markay tahay dad maqalku ku adag yahay (TTY), wac 711.

နမ့်ကတိကညိကျိန်ဒီး, တၢ်ကဟ့ၣ်နၢကျိၣ်တၢ်မၤစၢၤကလိတဖၣ်န့ၣ်လီၤ. ကိး 1-866-251-6744 လၢ TTY  
အဂီၢ်, ကိး 711 တက့ၢ်.

إذا كنت تتحدث العربية، تتوفر لك خدمات المساعدة اللغوية المجانية. اتصل بالرقم 1-866-569-9123. للهاتف النصي  
اتصل بالرقم 711.

Nếu quý vị nói Tiếng Việt, có sẵn các dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Gọi số 1-855-315-4015. Người dùng TTY xin gọi 711.

Afaan Oromoo dubbattu yoo ta'e, tajaajila gargaarsa afaan hiikuu kaffaltii malee. Argachuuf 1-855-315-4016 bilbilaa. TTY dhaaf, 711 bilbilaa.

如果您說中文，我們可以為您提供免費的語言協助服務。請撥打 1-855-315-4017。聽語障專 (TTY)，請撥打 711。

Если Вы говорите по-русски, Вы можете воспользоваться бесплатными услугами переводчика. Звоните 1-855-315-4028. Для использования телефонного аппарата с текстовым выходом звоните 711.

Si vous parlez français, des services d'assistance linguistique sont disponibles gratuitement. Appelez le +1-855-315-4029. Pour les personnes malentendantes, appelez le 711.

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한국어를 사용하시는 경우, 무료 언어 지원 서비스가 제공됩니다. 1-855-904-2583 으로 전화하십시오. TTY 사용자는 711 로 전화하십시오.

ຖ້າເຈົ້າເວົ້າພາສາລາວໄດ້, ມີການບໍລິການຊ່ວຍເຫຼືອພາສາໃຫ້ເຈົ້າພຣີ. ໃຫ້ໂທຫາ 1-866-356-2423 ສໍາລັບ. TTY, ໃຫ້ໂທຫາ 711.

Kung nagsasalita kayo ng Tagalog, mayroon kayong magagamit na libreng tulong na mga serbisyo sa wika. Tumawag sa 1-866-537-7720. Para sa TTY, tumawag sa 711.

Wenn Sie Deutsch sprechen, steht Ihnen fremdsprachliche Unterstützung zur Verfügung. Wählen Sie 1-866-289-7402. Für TTY wählen Sie 711.

ប្រសិនបើអ្នកនិយាយភាសាខ្មែរមិន អ្នកអាចរកបានសេវាជំនួយភាសាឥតគិតថ្លៃ។ ទូរស័ព្ទមកលេខ 1-855-906-2583 ។ សម្រាប់ TTY សូមទូរស័ព្ទមកលេខ 711 ។

Diné k'ehjí yáníłt'i'go saad bee yát'i' éí t'áájíík'e bee níká'a'doowołgo éí ná'ahoot'i'. Kojí éí béesh bee hodíílnih 1-855-902-2583. TTY biniiyégo éí 711 jí' béesh bee hodíílnih.

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